

**MOUNTAIN HIGH HIKERS CALENDAR**  
**Fall 2010**

❖❖ Trails maintained by MHH

# Designated Wilderness Area (limit 10 hikers/group in NC, 12 hikers/group in GA)

<b>Oct 05</b> (C1) 09:00	<b>Jack Rabbit hike/bike trail</b> 7.6 miles. Hike four loops of the Jack Rabbit Hike/ bike trail--3.1 miles on the white blazed loop, 2 miles on the blue blazed loop, 1 mile on the orange blazed trail, 1.5 miles on yellow blazed loop. Great views of Lake Chatuge and variety of hard woods. Jack Rabbit hike/bike trailhead	<b>Bob &amp; Linda Kaempfer 1-828-644-5836</b>
<b>Oct 5<sup>th</sup></b> (D3) 9:00 <b>NOTE TIME CHANGE</b>	<b>Park Creek Tr. and Park Ridge Tr Loop in Standing Indian area.</b> A 9 mile hike with several stream crossings and lots of ups and downs. Carpool \$5.00. Approx. 25 mi. to trailhead. Ingles parking lot in Hayesville	<b>Jerry Carnes 706-896-4690</b>
<b>Oct 7<sup>th</sup></b> 08:00	<b>NC Trail Maintenance Day</b> Ingles parking lot in Hayesville	<b>Richard Sullivan 706-374-5281</b>
<b>Oct 12</b> (B2)*** # 09:00	<b>Arkaquah Trail</b> from Brasstown Bald parking lot. An easy in and out hike of about 3 miles (2 hrs). Spectacular views. Some rough footing. Dist to trailhead 1 mile one way Jacks Gap at base of Brasstown Bald on Hwy. 180.	<b>Jack Butler 706-745-8656</b>
<b>Oct 12<sup>th</sup></b> (C3) # 9:00	<b>Byron H Reece area to Flatrock Gap on the AT and north bound to Swaim Gap and return.</b> Scenic rock formations north of Flatrock. 7.6 miles R/T Byron Reece parking lot on Hwy 129, close to Neels Gap	<b>Irene Reiner 706-896-1620</b>
<b>Oct 19</b> (B2) 09:00	<b>Dicks Creek Gap north to Cowart Gap</b> on the AT. This is a 3.6 mile round trip hike with some moderate ascending and descending in both directions. \$3 carpool. 7.5 mi. to trailhead. Macedonia Baptist Church parking lot east of Hiawassee.	<b>Bob Dalsemer 828-389-0218</b>
<b>Oct 19<sup>th</sup></b> (E3) # 9:00	<b>Big Frog Tr. Near Ocoee Gorge, Tn.</b> 11 mile R/T, 2,00 ft. Elev. Gain. An easy to moderate grade up beautiful Peavine Ridge to Big Frog Mt. Paced hike 2+ mph. Meet behind Hardees at US 64/TN 68 intersection near Ducktown .	<b>Frank Ensenat 828-644-0493</b>
<b>Oct 21<sup>st</sup></b> 08:00	<b>Georgia Trail Maintenance Day.</b> Bread of Life Restaurant in Young Harris.	<b>Richard Sullivan 706-374-5281</b>
<b>Oct 26</b> (C2) 09:00	<b>Benton MacKaye Tr.</b> From Hwy 60 across Toonowee Mt. to the suspension bridge and return for 7.2 miles roundtrip Elevation change 800ft. in, 900 ft. out Carpool \$5.00 Park and Ride Blairsville	<b>Harold Dyer 706-745-2224</b>
<b>Oct 26<sup>th</sup></b> (C4) 9:00	<b>London Bald Trail #19C.</b> (Approx. 8.4 miles total) Start from Appletree Camp and go up 19B 2.5 miles to London Bald Trail (#19C). Go left 5.9 miles to Junaluska Gap. Spectacular views of Tusquitees, Nantahalas, and Snowbird Mts. Enjoy the Tuni Gap Road ride from Hayesville to Andrews! Carpool \$5.00. Short Shuttle. Ingles parking lot in Hayesville	<b>Jim Morgan 828-835-9063</b>
<b>Nov 02</b> (A1) 09:00	<b>Chatuge Dam.</b> Easy hike across dam and on the new asphalt extension. Beautiful view. Round trip distance about 3 miles. Ingles parking lot in Hayesville	<b>Ben Kennedy 706-896-2669</b>
<b>Nov 2<sup>nd</sup></b> (D2) 9:00	<b>Bartram Trail from Russell Bridge to Licklog Falls.</b> 8 mile in and out hike, easy elevation gain. Hike from Russell bridge on Hwy 28 east of Clayton along SC side of the Chattooga River to Licklog Falls and return. Approx. 30 mi. to trailhead. Macedonia Baptist Church parking lot east of Hiawassee	<b>Mary Patrick 706-379-4170</b>
<b>Nov 4<sup>th</sup></b> 09:00	<b>NC Trail Maintenance Day</b> Ingles parking lot in Hayesville	<b>Richard Sullivan 706-374-5281</b>
<b>Nov 09</b> (C3) *** 09:00	<b>Fires Creek Rim Trail - FSR 6176 Loop.</b> From Leatherwood Falls, follow Rim Trail. for 2.2 miles. Turn right and follow FSR 6176 for 4.4 miles. Turn left after crossing Leatherwood Creek onto unmarked Trail. 7 mile loop. Carpool \$3. Ingles parking lot in Hayesville	<b>Bert Kunze 706-896-3601</b>
<b>Nov 9<sup>th</sup></b> (C3) 9:00	<b>Unicoi Turnpike Trail and Benton MacKaye Trail.</b> Come walk some actual pieces of the famous Cherokee Trail of Tears of 200 years ago, then the other half is the Benton MacKaye Trail in SE Tenn. 7 miles total. 4:30 hrs. The trip includes CCC camp site and side trip to Buck Bald's vista. 16 mile r/t shuttle. 18 miles to trailhead. Meet behind Hardees at US 64/TN 68 intersection near Ducktown	<b>George Owen 706-374-4716</b>
<b>Nov 16</b> (B3) 09:00	<b>Unicoi State Park to Helen.</b> A moderate to easy 5.6 mi. hike from the Lodge to Helen and back, with option to walk around the lake at Unicoi for another 1+ mi. Lunch at lodge. Meet in upper parking lot of Unicoi Park Lodge.	<b>Sue Sorice 706-745-1225</b>

<b>Nov 16<sup>th</sup></b> <b>(D2) #</b> <b>9:00</b>	<b>Deep Gap to Sassafras Gap on the AT.</b> 9+ miles. Just about our last chance to visit the Deep Gap area until March as the FS usually closes this road from Jan. through March. We start on the AT and head South to Muskrat Shelter area, then on for a visit to Ravenrock Cliff, stop and explore an aircraft crash site, then back on the AT for scenic views of Lake Chatuge and on to Sassafras Gap. Return to our cars the same way except near the end we take the "old AT." Carpool \$5.00. Approx. 20 mi. to trailhead. Ingles Parking Lot in Hayesville. <b>Phyllis Loman 706-896-5540</b>
<b>Nov 18<sup>th</sup></b> <b>09:00</b>	<b>Georgia Trail Maintenance Day.</b> Bread of Life Restaurant in Young Harris. <b>Richard Sullivan 706-374-5281</b>
<b>Nov 23</b> <b>(B2 )</b> <b>09:00</b>	<b>Benton Mackaye Trail from Hwy. 60 at Wilscot Gap to Skeenah Gap.</b> This 5.3 mile section is constantly going up and down. Many of these short grades are steep. Shuttle required. (4 hrs). Carpool \$3. Approx. 25 mi. to trailhead. Park and Ride in Blairsville <b>George Owen 706-374-4716</b>
<b>Nov 23<sup>rd</sup></b> <b>(C4)**</b> <b>9:00</b>	<b>Fires Creek Rim.</b> 7.4 miles Total, Up Sassafras Ridge Trail to Rim (easiest way up to rim), 2 miles on the Rim passing Signal Bald, a short side trip on the Chunky Gal Trail thrown in for the vista at Tusquitee Bald and then back to the Rim Trail and down Far Bald Spring Trail #389 1.7 miles. Long gravel FS road up to trailhead Meet at Ingles parking lot in Hayesville <b>Richard Sullivan 706-374-5281</b>
<b>Nov 30</b> <b>(C2 ) #</b> <b>09:00</b>	<b>Woody Gap to Old Gooch Gap Shelter</b> on the AT. 7.8 miles round trip. A moderate hike with two nice viewpoints. 15 mi. to trailhead. Choestoe Baptist Church parking lot on Hwy 180 <b>Jan and Glen Boland 706-745-2798</b>
<b>Nov 30<sup>th</sup></b> <b>(E4) #</b> <b>9:00</b>	<b>Hogpen Gap to Chattahoochee Gap</b> on the AT. Then down to Jacks Gap on the Jacks Knob Trail. 11.6 miles shuttle hike with a number of ups and downs. Paced hike at 2+ mph. Jacks Gap at base of Brasstown Bald on Hwy 180 <b>Frances Maney 706-896-9016</b>
<b>Dec 2<sup>nd</sup></b> <b>09:00</b>	<b>NC Trail Maintenance Day</b> Ingles parking lot in Hayesville <b>Richard Sullivan 706-374-5281</b>
<b>Dec 07</b> <b>(B2 )</b> <b>09:00</b>	<b>Cooper Creek Scenic Area Sampler:</b> Begin at the Cooper Creek Parking Area and hike the 1.7 mile Eye on Wildlife trail back to Parking Lot. From there we will continue hiking over to the Yellow Mountain Trail to Shope Gap Trail and back to Parking Lot for another 3.2 mile hike. If we have time, we'll go over to Sea Creek Falls. This is a very scenic area around Coopers Creek and features easy to moderate hiking. Meet at the Blairsville Park and Ride at 9am <b>Pam Sullivan 706-374-5281</b>
<b>Dec 7<sup>th</sup></b> <b>(C2)</b> <b>9:00</b>	<b>Tesnatee Gap to Levelland Mountain</b> on the AT and return. This 7.6 mile hike has spectacular views from Cowrock, Wolf Laurel Top and Levelland Mountains. Approx. 6 mi. to trailhead. Choestoe Baptist Church parking lot on Hwy 180. <b>Sue Sorice 706-745-1225</b>
<b>Dec 7<sup>th</sup></b> <b>6:00 PM</b>	<b>Covered Dish Supper / Christmas Party / Elections / Business Meeting at Sharp Memorial Methodist Church Fellowship Hall.</b> Bring a covered dish for 8. <b>For info call: Pam Sullivan 706-374-5281 or <a href="mailto:pams11@tds.net">pams11@tds.net</a></b>
<b>Dec 14</b> <b>(C3 ) #</b> <b>09:00</b>	<b>Hogpen Gap to Wolf Laurel Top</b> , back to Tesnatee Gap. With a side trip to a beautiful overlook toward Whitley Gap Shelter ( 6.6 miles, ≈ 3:30 hrs). Carpool amount is \$2.00. Approx. 6 mi. to trailhead. Choestoe Baptist Church parking lot on Hwy. 180 <b>Greg and Virginia Lane 706-745-8058</b>
<b>Dec 14<sup>th</sup></b> <b>(D2)</b> <b>9:00</b>	<b>Three Forks to Hightower Gap</b> on the AT and return. Lunch at Hawk Mountain shelter. An 8 mile 4 hour hike with 800 ft. elevation change. Carpool \$5. 25 mi. to trailhead. Park and Ride in Blairsville <b>George Radcliffe 706-745-8355</b>
<b>Dec 16<sup>th</sup></b> <b>09:00</b>	<b>Georgia Trail Maintenance Day.</b> Bread of Life Restaurant in Young Harris. <b>Richard Sullivan 706-374-5281</b>
<b>Dec 21</b> <b>(B3) #</b> <b>09:00</b>	<b>Blood Mountain</b> via the Byron Herbert Reece Trail and AT. A 5 mile round trip hike (≈ 3:30 hrs) with 1,400 ft. of elevation change. Splendid views from the top. Byron Herbert Reese parking area <b>Bert Kunze 706-896-3601</b>
<b>Dec 21<sup>st</sup></b> <b>(C2)</b> <b>9:00</b>	<b>Osage Mountain Overlook on Hwy. 106 in NC</b> over Scaly Mountain to Jones Gap on the Bartram Trail. 7.2 miles with steep ascents and descents. Shuttle required. Spectacular view. Too strenuous for short hikers. Approx. 30+ mi. to trailhead. Macedonia Baptist Church parking lot east of Hiawassee. <b>Ginny Smith 706-374-1553</b>
<b>Dec 28</b> <b>(C2) #</b> <b>09:00</b>	<b>Woody Gap over Big Cedar Mt. to Miller Gap on the AT</b> , then down Dockery Lake Trail for a total of 6.4 miles. Shuttle required. Choestoe Baptist Church parking lot on Hwy 180 OR Woody Gap. <b>Nancy Shofner 404-881-6346</b>

<b>Dec 28<sup>th</sup></b> <b>(D4) #</b> <b>9:00</b>	<b>Nantahala River to Wesser Bald Loop.</b> 9.3 mile shuttle hike. Hike up the easier old AT route to Wesser Bald Shelter with optional .8 mile side trip to the Wesser Fire Tower with great views, and return via current AT (2900 ft. elevation descent). Short seven minute shuttle. Meeting Spot: Andrews rest area on Hwy 74/19/129 <p style="text-align: right;"><b>Jim Morgan 828-835-9063</b></p>
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**Please contact the Hike Leader or visit [www.mountainhighhikers.org](http://www.mountainhighhikers.org) for schedule changes**  
**In order to accommodate different hiking levels, we might do "timed-in-and-out" hikes.**

**Hike Rating: Distance:**

<b>A = up to 3 miles</b>	<b>Terrain / Footing: 1 = easy</b>
<b>B = 3 - 6 miles</b>	<b>2 = average</b>
<b>C = 6 - 8 miles</b>	<b>3 = moderate</b>
<b>D = 8 - 10 miles</b>	<b>4 = strenuous</b>
<b>E = over 10 miles</b>	<b>5 = very strenuous</b>