

# MOUNTAIN HIGH HIKERS CALENDAR

## Spring 2010

❖❖ Trails maintained by MHH

# Designated Wilderness Area (limit 10 hikers/group in NC, 12 hikers/group in GA)

<b>Apr 01</b> 09:00	<b>NC Trail Maintenance Day</b> Ingles parking lot in Hayesville <span style="float: right;"><b>Richard Sullivan 706-374-5281</b></span>
<b>Apr 06</b> (B2)# ❖❖ 09:00	<b>Arkaquah Trail</b> from Brasstown Bald parking lot. An easy in and out hike of about 3 miles. Spectacular views. Some rough footing. Carpool \$2 Jacks Gap at base of Brasstown Bald on Hwy. 180. <span style="float: right;"><b>Joyce &amp; Gene Hall 706-379-9881</b></span>
<b>Apr 06</b> (D3) 09:00	<b>Sandy Gap to Unicoi Gap on the Benton MacKaye Trail</b> It is an 8.3 mile section , with a beautiful ridgeline walk along the NC/TN state line. Added attractions of seeing an old engraved marker on the ridge marking the state line and “old Doc” –Roger’s TB sanatorium, in ruins, with rock walls over 3 stories high still standing. Ends at the historic Unicoi Gap in TN. Shuttle. \$5 carpool Meet SE corner of Hwy 64 and 19/129 in Murphy NC <span style="float: right;"><b>Richard Sullivan 706-374-5281</b></span>
<b>Apr 13</b> (C2)# 09:00	<b>Lake Winfield Scott – Jarrard Gap -- Slaughter Creek Trail</b> loop for a 7 mile moderate hike. Lunch at Woods Hole Shelter. Option to climb Blood Mountain. Carpool \$3 Choestoe Baptist Church parking lot on Hwy 180. <span style="float: right;"><b>Wes Clonts 706-769-3234</b></span>
<b>Apr 13</b> (E2) # 09:00	<b>Woody Gap to Neels Gap on the AT.</b> 10.7 mile shuttle hike of ascending and descending trail including climbs over Big Cedar and Blood Mountains. Hopefully, we’ll see late thru-hikers on their way to Katahdin (bring extra food). Paced hike at 2+ mph. Carpool amount \$5.00. Byron Herbert Reese parking area. <span style="float: right;"><b>Mary Patrick 706-379-4170</b></span>
<b>Apr 15</b> 08:00 <b>Time Change</b>	<b>Georgia Trail Maintenance Day.</b> Bread of Life Restaurant in Young Harris. <span style="float: right;"><b>Richard Sullivan 706-374-5281</b></span>
<b>Apr 20</b> (C3) ❖❖ 9:00	<b>The Miller Trek (Trail #46) at Brasstown Valley Resort.</b> This 6.5 mile loop is moderately difficult with an elevation change of 1,400 feet and some rough, rocky footing. Option of lunch at YHC afterwards Trailhead parking lot on service road at the resort. <span style="float: right;"><b>Bert Kunze 706-896-3601</b></span>
<b>Apr 20</b> (C4) # 08:00 <b>Time Change</b>	<b>Vogel State Park to Blood Mountain on the Coosa Back Country Trail</b> and AT, then down to Byron Reece parking area. Strenuous hike with 2200 ft. ascent and 1200 ft. descent. 6 miles. Short shuttle \$2 carpool Choestoe Baptist Church parking lot on Hwy 180. <span style="float: right;"><b>Irene Reiner 706-896-1620</b></span>
<b>Apr 27</b> (B3)# 09:00	<b>Bear Hair Trail in Vogel State Park.</b> 4.6 miles with some moderate to steep climbs. Bring hiking sticks and State Park pass or \$5. Carpool \$3 Choestoe Baptist Church parking lot on Hwy 180. <span style="float: right;"><b>Jacob Dorn 828-835-7815</b></span>
<b>Apr 27</b> (D5) 08:00	<b>Eagle Mountain near Hiawassee.</b> 9 mile in and out hike with some steep climbing. Come climb the mountain that, along with Bell Mountain, dominates the skyline from Hiawassee and Hayesville. Up close views of Bell, pass old hunter’s cabin and great views of Lake Chatuge. Weather permitting, we may even do a short bushwack just for fun! Carpool \$2.00 Meet at lower parking lot ar Dill’s in Hiawassee <span style="float: right;"><b>Don Chesebro 706-896-1442</b></span>
<b>Apr 29</b> 09:00	<b>NC Trail Maintenance Day</b> Ingles parking lot in Hayesville <span style="float: right;"><b>Richard Sullivan 706-374-5281</b></span>
<b>May 04</b> (C3) ❖❖ 9:00	<b>Benton MacKaye Trail from Wilscot Gap to Shallowford Bridge.</b> 7.7 miles with a total of 4,100 feet of change in elevation before ending at the Toccoa River. Carpool amount is \$5.00 <b>Park and Ride in Blairsville</b> <span style="float: right;"><b>Janet Faist 706-781-2634</b></span>
<b>May 04</b> (C4) # 08:00	<b>GA. AT series 7B-</b> Jacks Gap to Unicoi Gap. 6.6 miles (shuttle/key exchange). Moderate 4.4 on the AT plus 2.2 miles on Jacks Knob Trail passes Unicoi Gap ( 2949 ), Mt. Blue ( 4025), Blue Mt shelter (3800 ), Chattahoochee Gap (3500 ). Some rocky and slippery sections. Unicoi Gap on Hwy 75 south of Hiawassee <span style="float: right;"><b>Irene Reiner 706-896-1620</b></span>
<b>May 06</b> 08:00	<b>NC Trail Maintenance Day.</b> Ingles parking lot in Hayesville <span style="float: right;"><b>Richard Sullivan 706-374-5281</b></span>

May 11<sup>th</sup>, 2010

<b>May 11</b> <b>(C2) #</b> <b>09:00</b>	<b>Woody Gap over Big Cedar Mt. to Miller Gap on the AT</b> , then down Dockery Lake Trail for a total of 6.4 miles. Shuttle required. Carpool amount is \$5.00 Choestoe Baptist Church parking lot on Hwy 180 <b>Pam Sullivan 706-374-5281</b>
<b>May 11</b> <b>(E4) ❖❖</b> <b>08:00</b>	<b>NEW HIKE – 10.3 miles with fantastic views and proudly maintained by MHH. Fires Creek Rim Trail Series Challenge #1.</b> Start at Leatherwood Falls Picnic Area and follow Rim Trail #72 around the falls, visiting Shortoff Knob 3830 ft at mile 3.4, Big Peachtree Bald 4150 ft at mile 4.2, Will King Gap 3715 ft at mile 5.3 (where Phillips Ridge Trail connects), and on to Big Stamp (once the site of a lookout tower) 4437 ft at mile 8. Then descend steeply on the Rockhouse Creek Trail #387 for 2.3 miles down to shuttle car on FS 340A 2.8 miles from the picnic area. Hike paced at 2+ mph. Carpool amount \$5.00. Ingles parking lot in Hayesville <b>Frank Ensenat 828-644-0493</b>
<b>May 13</b> <b>08:00</b>	<b>Georgia Trail Maintenance Day.</b> Bread of Life Restaurant in Young Harris. <b>Richard Sullivan 706-374-5281</b>
<b>May 18</b> <b>(C4)#</b> <b>09:00</b>	<b>Byron Herbert Reece and Freeman Trails</b> with return over Blood Mountain on the AT. A 6.5 mile loop hike. Elevation gain 1,400 feet. Rough, rocky footing. Byron Herbert Reece parking lot on Hwy 129, close to Neels Gap. <b>Wes Clonts 706-769-3234</b>
<b>May 18</b> <b>(C2)</b> <b>08:00</b>	<b>Rock Creek Trail and Dry Pond Lead Trail in Ocoee Gorge ,TN.</b> 7.4 miles. Must cross creek so bring flip flops or be prepared to wade. Short shuttle. Can visit Ocoee White Water Center afterward. Carpool amount is \$2.00 Meet SE corner of Hwy 64 and 19/129 in Murphy NC <b>Ginny Smith 706-374-1553</b>
<b>May 20</b> <b>08:00</b>	<b>Georgia Trail Maintenance Day.</b> Bread of Life Restaurant in Young Harris. <b>Richard Sullivan 706-374-5281</b>
<b>May 25</b> <b>(B2) ❖❖</b> <b>09:00</b>	<b>Fires Creek.</b> From recreation area pass by Leatherwood Falls, then take Rim Access Trail for another 2 miles of steady ascent. Return down access trail and complete Leatherwood Falls loop for 5 miles. Steep uphill section. Carpool amount is \$5.00 Ingles parking lot in Hayesville. <b>Jim Morgan 828-835-9063</b>
<b>May 25</b> <b>(E4) ❖❖</b> <b>08:00</b>	<b>NEW HIKE – proudly maintained by MHH. Chunky Gal Challenge Hike.</b> 9.1 miles of strenuous but scenic wonders along the Chunky Gal spine. Trail #77 (Chunky Gal Trail) starts at Glade Gap (3679 ft) on the left side of Hwy 64, 15.5 miles from Ingles in Hayesville, visits Boteler Peak (5010 ft), crosses Perry Gap (3840 ft), Tate Gap (3990 ft) and ends at Tusquitee Gap (3960 ft). This will be a Key Exchange hike. Carpool amount \$5. Then, replenish calories at Cottage Deli. Ingles parking lot in Hayesville <b>Kathleen Nolte 828-361-9584</b>
<b>May 27</b> <b>08:00</b>	<b>NC Trail Maintenance Day.</b> Ingles parking lot in Hayesville <b>Richard Sullivan 706-374-5281</b>
<b>June 01</b> <b>(C2)</b> <b>09:00</b>	<b>Benton MacKaye Tr. From Hwy 60 across Toonowee Mt. to the suspension bridge</b> and return for 7.2 miles roundtrip. Elevation change 800ft. in, 900 ft. out Carpool \$5.00 Park and Ride Blairsville <b>Bert Kunze 706-896-3601</b>
<b>June 01</b> <b>(C4) #</b> <b>08:00</b>	<b>Addis Gap over Kelly Knob on the AT to Deep Gap Shelter</b> and return on Forest Service road. 7 miles. Trail climbs 1,000 ft. in 1.1 miles. Side trip to spectacular waterfall. Carpool amount \$5.00 Macedonia Baptist Church parking lot east of Hiawassee. <b>Jerry Carnes 706-896-4690</b>
<b>June 03</b> <b>08:00</b>	<b>NC Trail Maintenance Day.</b> Ingles parking lot in Hayesville <b>Richard Sullivan 706-374-5281</b>
<b>June 08</b> <b>(B2)</b> <b>09:00</b>	<b>Dicks Creek Gap north to Cowart Gap</b> on the AT. This is a 3.6 mile round trip hike with some moderate ascending and descending in both directions. \$3 carpool. Macedonia Baptist Church parking lot east of Hiawassee. <b>Jan &amp; Glen Boland 706-745-2798</b>
<b>June 08</b> <b>(D2) #</b> <b>08:00</b>	<b>Mooney Gap to Timber Ridge Trail in the Standing Indian Area.</b> 8.7 miles total. At Mooney Gap go southbound on the AT for 5 miles, then down 2.5 miles on the Timber Ridge Trail, and finish up with 1.2 miles to Big Laurel Falls. Shuttle required. Carpool amount \$5.00. Ingles parking lot in Hayesville <b>Irene Reiner 706-896-1620</b>
<b>June 15</b> <b>(C2) #</b> <b>09:00</b>	<b>Woody Gap to Gooch Gap (in and out). 7.2 miles.</b> Moderately easy. 3.6 miles each way. Trail passes Woody Gap (3150), Ramrock Mt. (3200) high point, Gooch Gap (2784) low point. <b>MHH “favorite”.</b> Carpool amount is \$5.00 Choestoe Baptist Church parking lot on Hwy 180. <b>Greg Lane 706-745-8058</b>

<b>June 15</b> (D3) 08:00	<b>Panthers Creek Falls in the Cohuttas.</b> The hike will start at the Three Forks area, proceed 2.3 miles on East Cowpen Tr., then turn onto Panther Cr Tr., down to falls (another 2.3 miles) then back out the same way for 9.2 total miles. Carpool amount is \$5.00 Blairsville Park and Ride <b>2<sup>nd</sup> meeting place- Food Lion in East Elijay at 845 AM</b> <b>Doug Haas 770-412-1738</b>
<b>June 17</b> 08:00	<b>Ga. Trail Maintenance Day</b> Bread of Life Restaurant in Young Harris <b>Richard Sullivan 706-374-5281</b>
<b>June 21</b> 09:00am	<b>MHH Quarterly Meeting/picnic at Lake Winfield Scott, Ga:</b> Bring a dish to serve 8. There will be hiking in the morning with a membership meeting to follow. Lake recreation available. For info call Pam Sullivan 706-374-5281 or pams11@tds.net
<b>June 22</b> (B2) 09:00	<b>Coosa Backcountry Trail</b> from Wolf Creek Road to Burnett Gap. This is an easy to moderate 6 mile round trip. Carpool amount is \$2 Choestoe Baptist Church parking lot on Hwy 180. <b>Janet Faist 706-781-2634</b>
<b>June 22</b> (E2) # 08:00	<b>Pickens Nose 10.4 miles in and out in the Standing Indian Area.</b> Start at Bearpen Trail up to the AT, then right to Mooney Gap. Then turn left on FSR 83 to Pickens Nose Trail for outstanding long range views. Paced hike at 2+ mph. MHH Carpool amount \$5.00 Ingles Parking lot in Hayesville <b>Phyllis Loman 706-896-5540</b>
<b>June 29</b> (C3) ❖❖ 09:00	<b>Fires Creek Rim Trail - FSR 6176 Loop.</b> From Leatherwood Falls, follow Rim Trail for 2.2 miles. Turn right and follow FSR 6176 for 4.4 miles. Turn left after crossing Leatherwood Creek onto unmarked Trail. 7 mile loop. Carpool \$3 Ingles parking lot in Hayesville <b>Roland and Barbara Hardee 828-389-2359</b>
<b>June 29</b> (C3) 08:00	<b>Benton MacKaye Trail from Bushy Head Gap,</b> west of Blue Ridge, in and out for 7.6 miles. A moderate hike with 1,000 ft. elevation change. New hike for the club. Too strenuous for short hikers in summer. Carpool amount is \$5.00 Park and Ride in Blairsville. <b>Jim Morgan 828-835-9063</b>

Please contact the Hike Leader or visit [www.mountainhighhikers.org](http://www.mountainhighhikers.org) for schedule changes  
In order to accommodate different hiking levels, we might do "timed-in-and-out" hikes.

Hike Rating: Distance:   **A = up to 3 miles**      Terrain / Footing: **1 = easy**  
                                   **B = 3 - 6 miles**                                **2 = average**  
                                   **C = 6 - 8 miles**                                **3 = moderate**  
                                   **D = 8 - 10 miles**                              **4 = strenuous**  
                                   **E = over 10 miles**                             **5 = very strenuous**