MOUNTAIN HIGH HIKERS CALENDAR **Summer 2013**

❖❖ Trails maintained by MHH ## Designated Wilderness Area (limit 10 hikers/group in NC, 12 hikers/group in GA)

July 2	New hike! Long Creek Falls in the Three Forks Area of the A.T. From the falls, we will continue
(C3) 9:00 AM	up the AT to an old cemetery (Hickory Flats) and hike until we hit approx. 3 (or longer, or shorter depending on the heat of the day) miles, making a round trip of 6 miles. This is a
7.00 AM	gorgeous drive and hike deep in the forest of Fannin County.
	Park & Ride in Blairsville Nancy Shofner 706-745-1657
July 2	Benton MacKaye, Hemp Top, Jacks River trails.
(D4)	We will start hiking from Watson Gap, enter the Cohutta Wilderness on the BMT, then use the
8:00 AM	Hemp Top and Jack's River trails to complete a circle and return over a 2.6 repeat of the BMT to
	Watson Gap again. About 8.3 miles Home Depot parking lot in Blue Ridge, GA. Ginny Smith 706-374-1553
July 9	Raven Cliffs Trail. A scenic 5 mile round trip hike along a cascading mountain stream to
(B2) ❖❖	towering cliffs with two waterfalls. Some difficult footing due to erosion.
09:00 ##	Choestoe Baptist Church parking lot Candy Retter 706-835-1344
July 9	Dicks Creek Gap south on the AT to Addis Gap and return by way of Deep Gap Shelter for 9
(D4)	miles.
8:00 AM	Macedonia Baptist Church parking lot east of Hiawassee. Jerry Carnes 706-896-4690
July 11 th 8:00	NC Trail Maintenance Day Ingles parking lot in Hayesville Richard Sullivan 706-374-5281
July 16	Bartram Trail from Warwoman Dell (3 miles east of Clayton) to the viewing platform at Martin
(B3)	Creek Falls. This scenic (4 mile) round trip also passes by Becky Creek Falls.
09:00	Macedonia Baptist Church parking lot east of Hiawassee. Brian Blue 706-994-7629
July 16	Jacks Knob Trail at Jacks Gap to Brasstown Bald parking lot. 1,800 ft climb, Then down the
(D4) 8:00 AM	Wagon Train Trail to Young Harris College. 9 miles. Optional side trip to Brasstown Bald tower. Jacks Gap at base of Brasstown Bald on Hwy 180. Tish Lasley 706-379-3960
July 18 th	Georgia Trail Maintenance Day.
8:00	Parking area where Timberline drive meets Hwy 76 Richard Sullivan 706-374-5281
July 23	High Shoals Falls. A 2.5 mile round trip hike to view two beautiful waterfalls. This hike is
(A2) ❖ ❖	short but has some climbing and descending.
09:00	Macedonia Baptist Church parking lot east of Hiawassee Janet Faist 706-781-2634
July 23	Standing Indian Area. Rock Gap to Albert Mountain on the AT. 12 mile ,in and out hike.
(E4) 8:00 AM	Some of the best views in Standing Indian area at the fire tower. Lunch on the summit. Ingles parking lot in Hayesville. Frances Maney 706-896-9016
July 30	Emery Creek Falls. 5 miles in and out. A delightful walk in the Cohuttas which ends in a pair
(B2)	of waterfalls: The first is 40-50 ft high, the second is about 25 ft high. The walk is along
09:00	Emery Creek and involves about 12 stream crossings, so bring poles - should be nice and cool
	down by the creek. Some rough footing
	Home Depot in Blue Ridge Cathie Stallings 706-835-1639
July 30	Jacks River - Cohutta Wilderness Hike: This is a 9.2 mile hike with < 400 foot elevation
(D4)## 8:00 AM	change, going from Dally gap in the Cohutta's 4.6 miles down Jacks River Trail (one of the prettiest areas in the Cohutta's) to a beautiful lunch spot with a swimming hole, then back out.
J.UU AIVI	There will be 3 river crossing each way which are knee deep, so bring water shoes and poles.
	This will be a great escape from the summer heat. Plan on getting wet, so bring a change of
	clothes!!
a ct	clothes!! Home Depot in Blue Ridge Evelin and Doug Yarns 828-837-7237
Aug 1 st 8:00	clothes!!

Aug 6	Benton Falls, Red Leaf, Arbutus, Azalea, Clear Creek Trails in the Chilhowee Recreation Area
(B1)	in east Tennessee. 4.8 mile easy trail. Fee area or bring pass.
09:00	Piggly Wiggly in Ducktown Steve and Nancy Dennison 706-253-3938
Aug 6	Betsy Creek Gap to Beech Gap in the Standing Indian Area. 10.2 miles total. At
(E3)	Mooney Gap go southbound on the AT for 7.8 miles to Beech Gap, then down 2.4 miles on the
8:00 AM	Beech Gap Trail. Short shuttle required.
A oth	Ingles parking lot in Hayesville. Mary Patrick 706-379-4170
Aug 8 th 8:00	NC Trail Maintenance Day Ingles parking lot in Hayesville Richard Sullivan 706-374-5281
Aug 13	Mooney Gap to Timber Ridge Trail in Standing Indian area. 5 miles on the AT plus 2.5 on the
(C2) ##	Timber Ridge for a total of 7.5 miles. Shuttle required. This area usually stays cooler in the
09:00	summer
	Ingles parking lot in Hayesville. Barbara and Roland Hardee 828-389-2359
Aug 13	Green Mountain Trail in Fannin County10 mile in and out hike with moderate elevation gain.
(D3)	Includes the Green Mountain Trail for 7 miles and the connector to Long Branch Loop for an
8:00 AM	additional 3 miles
- th	Park & Ride in Blairsville Michael O'Brien 706-745-6260
Aug 15 th	Georgia Trail Maintenance Day.
8:00	Parking area where Timberline drive meets Hwy 76 Richard Sullivan 706-374-5281
Aug 20 (B2) ##	Deep Gap (4,341 ft) to the top of Standing Indian Mountain (5,498 ft.) on the AT. This is a 5 mile round trip hike in the Southern Nantahala Wilderness Area. Usually cooler in summer
09:00	Ingles Parking Lot in Hayesville. Candy Retter 706-835-1344
Aug 20	Standing Indian Area: Kimsey Creek Trail to Deep Gap, north on AT to Standing Indian
(E4)	Summit, return on Lower Ridge Trail. 12 miles.
8:0Ó AM	Ingles parking lot in Hayesville. Jerry Carnes 706-896-4690
Aug 22 nd	NC Trail Maintenance Day
8:00	Ingles parking lot in Hayesville Richard Sullivan 706-374-5281
Aug 27	Dally Gap to Jack's River. 5-6 mi. hike up Hemp Top Trail to intersection with the BMT at
(B2)	Spanish Oak Gap to Jacks River Trail to the river. Bring poles, river shoes if you want to cross
09:00	the river.
Aug 27	Home Depot in Blue Ridge Pam Sullivan 706-374-5281 Benton MacKaye and Duncan Ridge Trails. Skeenah Gap to Fish Gap. 10.4 mile in and out
(E4)	hike, over 1000 ft. elevation change with lots of ups and downs. Skeenah Gap (2380 ft.) on the
8:00 AM	Benton MacKaye to Duncan Ridge near Rhodes Mtn. (3380 ft.), then east to Fish Gap and return.
	Paced hike at 2+ mph.
	Park & Ride in Blairsville Irene Reiner 706-896-1620
Aug 29 th	NC Trail Maintenance Day
8:00	Ingles parking lot in Hayesville Richard Sullivan 706-374-5281
Sept 3	Old Copper Road Trail along the Ocoee River in TN. This is an easy 4.8 mile round trip hike
(C1)	that begins at the Ocoee Whitewater Center. Add on an additional 2mi. RT on the
09:00	Rhododendron Trail for 6.8 mi. Piggly Wiggly in Ducktown Nancy and Steve Dennison 706-253-3938
Sept 3	Deep Gap south on old and new AT. See aircraft crash site and Raven rock Cliffs. This is a
(C3)##	moderate round trip hike of 7 miles.
8:00 AM	Ingles in Hayesville George Owen 706-897-3366 C
Sept 5 th	NC Trail Maintenance Day
8:00	Ingles parking lot in Hayesville Richard Sullivan 706-374-5281
Sep 10	Tesnatee Gap to Levelland Mountain on the AT and return. This 7.6 mile hike has spectacular
(C3) ##	views from Cowrock, Wolf Laurel Top and Levelland Mountains
09:00	Choestoe Baptist Church parking lot Virginia and Greg Lane 706-745-8058
Sept 10	Woody Gap to Slaughter Gap on the AT, then down the Slaughter Creek Trail to Lake Winfield
(D3) 8:15 AM	Scott. 10.6 miles. Choestoe Baptist Church parking lot. Hike leader will meet at the Lake Winfield Scott
0.13 AW	Doug Haas 770-410-1738
	Duuy 11aa3 110-1130

Sept. 17 (B2) ** 09:00	Two scenic waterfalls. Desoto Falls: round trip distance is 1.9 miles. Helton Creek Falls: side trip down FS road for a short hike, then relax by beautiful, cool waterfalls. 1.5 miles. Choestoe Baptist Church parking lot Joe Boone 706-835-2269
Sept 17 (E4) 8:00 AM	Standing Indian Area. Pickens Nose (elevation 5000 ft). 10.4 mile in and out hike, 1200 ft. elevation gain. Up Bearpen Trail. Right on the AT to Mooney Gap. Then left on FS Road 83 to Pickens Nose Trail for some outstanding views. Paced hike at 2+ mph. Ingles parking lot in Hayesville. Jay Noe 208-859-0793
Sept 23rd 9:00 AM	Covered Dish Picnic / Business Meeting at Ocoee Whitewater Center Bring a covered dish for 8. We will have a hike leaving at 9am, picnic lunch to follow hike For info call: Candy Retter 706-835-1344 or candy.retter@gmail.com
Sep 24 (B3) ** 09:00 ##	Arkaquah Trail from Brasstown Bald parking lot down to the petroglyphs. This is a moderate hike of about 5.5 miles, mostly downhill. Spectacular views. See the petroglyphs at the end. Some rough footing. Shuttle Blairsville Park and Ride Martha and Dayton Miller 706-835-1755
Sept 24 (E4) ** 8:00 AM	Brasstown Bald Challenge: Up the Arkaquah Trail from Trackrock Gap to Brasstown Bald parking lot and down the Wagon Train Trail to Young Harris College. 12.2 miles. Sharp Memorial Church Young Harris Jerry Carnes 706-896-4690
Sept 26 th 8:00	Georgia Trail Maintenance Day. Parking area where Timberline drive meets Hwy 76 Richard Sullivan 706-374-5281

Please contact the Hike Leader or visit www.mountainhighhikers.org for schedule changes In order to accommodate different hiking levels, we might do "timed-in-and-out" hikes.

Hike Rating: Distance: A = up to 3 miles Terrain / Footing: 1 = easy

B = 3 - 6 miles C = 6 - 8 miles D = 8 - 10 miles E = over 10 miles 2 = average 3 = moderate 4 = strenuous 5 = very strenuous