## **MOUNTAIN HIGH HIKERS CALENDAR**

## Summer 2014

## \*\* Trails maintained by MHH

## Designated Wilderness Area (limit 10 hikers/group in NC, 12 hikers/group in GA)

July 1	Yellow Mountain Trail in the Coosa Wildlife Management Area. 4.7 miles and 800 foot
В3 🌣 💠	elevation change. The Yellow Mountain Trail to the top, then the Shope Gap Trail to the Duncan
9:00	Ridge Road, follow the road to the Mill Shoal Creek Trail which will take us back to the
	Campground.
ludy 4	Park & Ride in Blairsville Michael O'Brien 706-745-6260
July 1	Standing Indian Area. Rock Gap to Albert Mountain on the AT. A 12 mile ,in and out hike.
E3 ##	Some of the best views in Standing Indian area at the fire tower. Lunch on the summit.  Ingles parking lot in Hayesville.  Frances Maney 706-896-9016
8:00	,
July 3 8:00	NC Trail Maintenance Day Ingles parking lot in Hayesville Richard Sullivan 706-374-5281
July 8	Fires Creek. From recreation area pass by Leatherwood Falls, then take Rim Access Trail for
B3 <b>♦◆</b>	another 2 miles of steady ascent. Return down access trail and complete Leatherwood Falls loop
9:00	for 5 miles. Steep uphill section.
	Ingles Parking Lot in Hayesville Ginny Smith 706-374-1553
July 8	Green Mountain Trail in Fannin County 10 mile in and out hike with moderate elevation gain.
D3	Includes the Green Mountain Trail for 7 miles and the connector to Long Branch Loop for an
9:00	additional 3 miles   Home Depot parking lot in Blue Ridge
	Home Depot parking lot in blue hidge Candy heller 706-655-1544
July 10	Leisure Hike - The hike will be from Helen to Unicoi Lodge, 6 miles, mostly easy, chance to eat
D3	the buffet at the Lodge
9:00	Macedonia Baptist Church East of Hiawassee or recreational parking lot in Helen Barbara
	Hardee 828-389-2359
July 10	NC Trail Maintenance Day
8:00	Ingles parking lot in Hayesville Richard Sullivan 706-374-5281
July 15	Raven Cliffs Trail. A scenic 5 mile round trip hike along a cascading mountain stream to
B2 <b>**</b> ##	towering cliffs with two waterfalls. Some difficult footing due to erosion
9:00	Choestoe Baptist Church parking lot on Hwy. 180 Linda and Bob Kaempfer 828 644 5836
July 15	Betty's Creek Gap to Beech Gap in the Standing Indian Area. 10.2 miles total. At Betty's
E3 ##	Creek Gap, go southbound on the AT for 7.8 miles to Beech Gap, then down 2.4 miles on the
8:00	Beech Gap Trail. Short shuttle required.
	Ingles parking lot in Hayesville. Dave Werkheiser 706-669-8439
July 17	Georgia Trail Maintenance Day.
8:00	Blairsville Park and Ride Richard Sullivan 706-374-5281
July 22	GA AT Series 3. Woody Gap to Gooch Gap (in and out). 7.2 miles. Nice views south. Trail
C3	passes Woody Gap (3150), Ramrock Mt. (3200) high point, Gooch Gap (2784) low point. MHH
9:00	favorite. Choestoe Baptist Church parking lot on Hwy. 180 Candy Retter 706-835-1344
July 22	Long Branch Trail to AT to Winding Stair Gap in Standing Indian area. This 8.2 mile
D3	moderate hike begins at the Back Country Information Center. Shuttle required
9:00	
3.00	
	Ingles parking lot in Hayesville. Mary Patrick 706-379-4170
July 24 9:30	
July 24	Ingles parking lot in Hayesville. Mary Patrick 706-379-4170  Leisure Hike - Turtletown Creek Falls About 5 miles, 2 waterfalls, optional swimming
July 24 9:30	Ingles parking lot in Hayesville.  Mary Patrick 706-379-4170  Leisure Hike - Turtletown Creek Falls About 5 miles, 2 waterfalls, optional swimming available, so bring a dry set of clothes. No shuttle required Piggly Wiggly in Ducktown, TN  Hank Baudet 706-492-4318
July 24	Ingles parking lot in Hayesville.  Mary Patrick 706-379-4170  Leisure Hike - Turtletown Creek Falls About 5 miles, 2 waterfalls, optional swimming available, so bring a dry set of clothes. No shuttle required

July 29	Deep Gap (4,341 ft.) to the top of Standing Indian Mountain (5,498 ft.) on the AT. This is a 5
B3	mile round trip hike in the Southern Nantahala Wilderness Area. Year round spectacular views.
9:00	Ingles Parking Lot in Hayesville. Virginia and Greg Lane 706-745-8058
July 29	Benton MacKaye, Hemp Top, Jacks River trails. We will start hiking from Watson Gap, enter
D3 ##	the Cohutta Wilderness on the BMT, then use the Hemp Top and Jack's River trails to complete a
9:00	circle and return over a 2.6 repeat of the BMT to Watson Gap again. About 8.3 miles.
0.00	Home Depot parking lot in Blue Ridge Dave Werkheiser 706-669-8439
Aug 5	Byron Herbert Reece and Freeman Trails with return over Blood Mountain on the AT. A 6.5
Aug 5 C4 ##	
	mile loop hike. Elevation gain 1,400 feet. Rough, rocky footing.
9:00	Byron Herbert Reece parking lot Hwy. 129 close to Neels Gap. Bronco Barnsworth 706-745-9610
Aug 5	Standing Indian Area: Kimsey Creek Trail to Deep Gap, north on AT to Standing Indian
E4 ##	Summit, return on Lower Ridge Trail. 12 miles.
9:00	Ingles parking lot in Hayesville.  Jerry Carnes 706-896-4690
	Lajaura Hika Aug 7
	Leisure Hike - Aug 7
A 10	Minding Chair Con to Book Con and Between A.7.4 is and out hills on the AT. (Me missed this
Aug 12	Winding Stair Gap to Rock Gap and Return. A 7.4 in and out hike on the AT. (We missed this
B3	hike back in Feb. because of bad weather)
9:00	Ingles Parking Lot Hayesville Mary Patrick 706-379-4170
Aug 12	Woody Gap to Slaughter Gap on the AT, then down the Slaughter Creek Trail to Lake
E3	Winfield Scott. 10.6 miles.
9:00	Choestoe Baptist Church parking lot.
Aug 14	NC Trail Maintenance Day
8:00	Ingles parking lot in Hayesville Richard Sullivan 706-374-5281
Aug 19	Big Big Frog Wilderness Loop. 7.2 miles. Hike starts at Thundercreek Campground on the
C3	Benton McKaye Trail to West Fork Trail to 1330 bypass to Bear Paw Trail to Rhododendron Trail.
9:00	Lunch at the Whitewater Center and then walk the beautiful boardwalk along the river back to
9.00	cars. (Or whatever the leader of this hike decides is best!)
	Piggly Wiggly Parking Lot in Ducktown  Linda and Bob Kaempfer 828 644 5836
Aug 19	Park Creek Trail and Park Ridge Trail loop in Standing Indian area for a 9 mile hike. Begin at
D3	Park Greek Trail and Fark Ridge Trail toop in Standing Indian area for a 9 mile nike. Begin at Park Gap, take Park Ridge Trail to Nantahala River, then Park Creek Trail back to cars.
9:00	Ingles parking lot Hayesville  Jerry Carnes 706-896-4690
9.00	lingles parking lot hayesville derry dames 700-090-4090
Aug 21	Georgia Trail Maintenance Day.
8:00	Blairsville Park and Ride Richard Sullivan 706-374-5281
Aug 26	Dockery Lake to AT and Return. A 6.8 mile hike. Elevation 1,000 ft. going, 600 ft. returning.
C3	Trail noted for wild azaleas.
9:00	Choestoe Baptist Church parking lot on Hwy 180 Steve Dennison 706-253-3938
Aug 26	Summer Easy Pleasure (Mostly Downhill) - Tanasi Bike Trails - This will be a fairly easy,
C2	shady, and rather pleasant hike for a very hot summer month. We'll start high after a short shuttle,
9:00	beginning on the high spot on Forest Service Road 221 in Tenn. Then we'll hike somewhere
0.00	between 5-7+ miles mostly downhill on the Tanasi Bike Trail system down to the Ocoee
	Whitewater Center.
	Piggly Wigly in Ducktown, TN.  Richard Sullivan 706-374-5281
Aug 00	
Aug 28	NC Trail Maintenance Day Ingles parking lot in Hayesville Richard Sullivan 706-374-5281
8:00	· · · · · · · · · · · · · · · · · · ·
Sept. 2	Arkaquah Trail from Brasstown Bald Parking Lot, Down. This is a moderate hike of about 5.5
B3 <b>♦◆</b> ##	miles, mostly downhill. Spectacular views. See the petroglyphs at the end. (Trackrock). Some
9:00	rough footing. Shuttle
	Blairsville Park & Ride Tom Shope 706-745-4072
Sept. 2	Standing Indian Area. Bearpen Trail over Albert Mountain to Backcountry Information. 8.2
D3 ##	mile short-shuttle hike, steep climbing. Up the Bearpen Trail to the AT. North on AT over Albert
9:00	Mountain to Glassmine Gap. Then down the Long Branch Trail
	Ingles parking lot in Hayesville.

Sept 9 C2 9:00	Grassy Mountain Fire Tower and Lake Conasauga Loop In the Cohutta's, 6.2 miles. Great view from the Tower.  Home Depot in Blue Ridge
Sept 9 E4 9:00	Unicoi Gap to Tray Mountain on the AT. 10.4 mile hike, elevation gain 2,400 feet going and 900 feet returningGreat view from Tray Mountain We will return using the Rocky Mtn Trail Unicoi Gap on Hwy 75 south of Hiawassee  Jerry Carnes 706-896-4690
	Leisure Hike - Sept
Sept 16 C3 9:00	Trails of Tallulah Gorge State Park. This includes a visit to the Jane Hurt Yarn Interpretative Center. Excellent exhibits and a 20 min. historical movie on the Gorge. Then we will hike the North Rim Trail with its views of several waterfalls; go down Hurricane Falls staircase to the swinging bridge and hike the High Bluff Loop. Moderate hike with easy footing and no climbs, except the steps. Possibility of doing some of the Stoneplace Trail. 6 to 8 miles depending on what the leader or group decides.  Macedonia Baptist Church parking lot east of Hiawassee.
Sept 16 C3 9:00	Appletree Trail and Bartram Loop Trail. This is an 8.4 mile hike. Starting at the campground, 5.9 miles on the Bartram Trail, then 1.4 miles on Laurel Creek Trail, then return to the campground on Appletree Trail for 1.4 miles. Moderate climbing, ridge walking and about 2.5 miles along Nantahala River.  Andrews Rest Area, Hwy 74/19/129  Dave Werkheiser 706-669-8439
Sept 18 8:00	Georgia Trail Maintenance Day. Blairsville Park and Ride Richard Sullivan 706-374-5281
Sept 23 C2 ## 9:00	<b>Mooney Gap to Timber Ridge Trail in Standing Indian Area.</b> 5 miles on the AT plus 2.5 on the Timber Ridge Trail for a total of 7.5. Optional 1.5 miles to visit Big Laurel Falls. This is a very relaxing hike. Shuttle. Ingles Parking Lot in Hayesville.
Sept 23 D3 9:00	Winding Stair Gap to Siler Bald on the AT. Return by Siler Bald Shelter. A 9.4 mile hike with 1,400 ft elevation change. Outstanding view from the top of the bald. This is a club favorite. Ingles parking lot in Hayesville. Steve Dennison 706-253-3938.
Sept 25 8:00	NC Trail Maintenance Day Ingles parking lot in Hayesville Richard Sullivan 706-374-5281
Sept 25 B1 or B2 9:30 or 10:00	<b>Leisure Hike - Helen to Unicoi Trail.</b> This trek of about six miles will begin at Helen, follow the fairly easy 3-mile trail to the lodge at Unicoi State Park, then return early afternoon. Lunch at the Unicoi Lodge will be a nice included extra. 9:30 a.m. leaving time from Blairsville Blairsville Park & Ride or 10:00 a.m. at the Helen trailhead parking for Hiawassee area folks. George Owen 706-897-3366
Sept 30 C2	Wagon Train Trail from Brasstown Bald parking lot to Young Harris College. This is a 6.5 mile hike, mostly downhill. Rocky footing. Shuttle.  Sharp Memorial Methodist Church parking lot in Young Harris. Barbara Hardee 828-389-2359
Sept 30 E4 �� ## 9:00	Brasstown Bald Challenge: Up the Arkaquah Trail from Trackrock Gap to Brasstown Bald parking lot and down the Wagon Train Trail to Young Harris College.12.2 miles.  Sharp Memorial Church Young Harris  Jerry Carnes 706-896-4690

Please contact the Hike Leader or visit www.mountainhighhikers.org for schedule changes In order to accommodate different hiking levels, we might do "timed-in-and-out" hikes.

Hike Rating: Distance: A = up to 3 miles Terrain / Footing: 1 = easy

 B = 3 - 6 miles
 2 = average

 C = 6 - 8 miles
 3 = moderate

 D = 8 - 10 miles
 4 = strenuous

 E = over 10 miles
 5 = very strenuous