

MOUNTAIN HIGH HIKERS CALENDAR

Summer 2009

Hike Ratings: Distance: A = up to 3 miles

Terrain/Footing: 1 = easy

B = 3-6 miles

2 = average

C = 6-8 miles

3 = moderate

D = 8-10 miles

4 = strenuous

E = over 10 miles

Please contact the Hike Leader or visit the "Welcome Members" page at www.mountainhighhikers.org for schedule changes.

❖❖ Trails maintained by MHH

Designated Wilderness Area (limit 10 hikers/group in NC, 12 hikers/group in GA)

<u>Jul 02</u>	NC Trail Maintenance Day.	
08:00	Ingles parking lot in Hayesville	John Quinlan 706-896-2430
<u>Jul 07</u> (C3) ## 09:00	Deep Gap south on old and new AT. See aircraft crash site and Raven Cliffs. A moderate round trip hike of 6.5 miles. (4:30 hrs). Carpool \$5	
	Ingles parking lot in Hayesville	?
<u>Jul 07</u> (D2) 08:00	Wayah Bald (el. 5,342 ft.) to Burningtown Gap (el. 4,236 ft.) on the AT. 9 miles round trip. View mountains from GA to the Great Smokies from observation tower on Wayah. Carpool \$5	
	Ingles parking lot in Hayesville	Irene Reiner 706-896-1620
<u>Jul 14</u> (B3)## 09:00	Bear Hair Trail in Vogel State Park. About 4 miles (3 hrs) with some moderate to steep climbs. Bring hiking sticks and State Park pass or \$2. Carpool \$2	
	Choestoe Baptist Church parking lot on Hwy 180	George Jurand 828-837-8516
<u>Jul 14</u> (C3) 08:00	New Hike - Cohuttas/Conasauga River hike. We will hike down the Chestnut Lead Trail (1.8 miles) to the Conasauga River and follow the trail downstream 2.2 miles for a riverside lunch and return. Please bring old boots/water shoes since we will be crossing the river 38 times. Total 8 miles. Car pool \$5.00	
	Park and Ride in Blairsville (optional 8:45 mtg. at Food Lion in East Ellijay)	Doug Haas 770-410-1738
<u>Jul 16</u> 08:00	Georgia Trail Maintenance Day.	
	Mary Ann's Restaurant in Young Harris.	John Quinlan 706-896-2430
<u>Jul 21</u> (C2) 09:00	Brush Creek Trail near the Ocoee White Water Center. 6.5 mile easy/moderate hike from parking lot at Route 64 overpass to Boyd Gap overlook with good views of the lake. Short shuttle required. Carpool \$5	
	SE corner of Hwy 64 / Hwy 129 in Murphy	Richard Sullivan 706-374-5281
<u>Jul 21</u> (C3) 08:00	Kimsey Creek Trail from Back Country Information Center in Standing Indian area to Deep Gap and return. See historic homestead of ole Joe Kimsey (according to Harold Dyer ??). 7.5 miles along scenic creek. A cool hike for a hot day. Carpool \$5	
	Ingles parking lot in Hayesville	Bert Kunze 706-896-3601
<u>Jul 28</u> (B2) 09:00	Benton MacKaye Trail from Hwy. 60 at Wilsco Gap to Skeenah Gap. This 5.3 mile section (3:10hrs) goes up and down. Many of these short grades are steep. Shuttle required. Carpool \$5	
	Park & Ride in Blairsville	Janet Faist 706-781-2634
<u>Jul 28</u> (D3)## 08:00	Unicoi Gap to Chattahoochee Gap and return on the AT. 8.8 miles with some rough, rocky footing. Side trip to visit the spring where the Chattahoochee River starts. Side trip to Blue Mountain Shelter.	

	Unicoi Gap on Hwy. 75 south of Hiawassee	Frances Maney 706-896-9016
Aug 04 (C3) ❖❖ 09:00	The Miller Trek (Trail #46) at Brasstown Valley Resort. 6.5 mile loop (3 hrs) is moderately difficult with an elevation change of 1,400 feet and some rough, rocky footing. Optional lunch at Young Harris College afterwards.	
	Trailhead parking lot on service road at the resort	Richard Webster 828-644-5807
Aug 04 (C4) ❖❖ 08:00	New Hike - Rim Trail Series Hike #3. Up Shinbone Trail #80 2.3 miles to the Rim to where Clay, Macon, and Cherokee Counties meet, 2 miles on the Rim passing Signal Bald, a short side trip on the Chunky Gal Trail for the vista at Tusquittee Bald and then back to the Rim Trail and down Far Bald Spring Trail #389 1.7 miles. Cool your sore tootsies in Fires Creek as you picnic at Leatherwood Falls. 8 miles total. Shuttle required. Carpool \$5	
	Ingles parking lot in Hayesville	Bob LeHoullier 828-389-8240
Aug 06 08:00	NC Trail Maintenance Day.	
	Ingles parking lot in Hayesville	John Quinlan 706-896-2430
Aug 11 (A2) ❖❖ 09:00	High Shoals Falls. A 2.5 mile round trip (2:45 hrs) hike to view two beautiful waterfalls. This hike is rated moderate due to some climbing and descending. Carpool \$5	
	Macedonia Baptist Church parking lot east of Hiawassee	Roland and Barbara Hardee 828-389-2359
Aug 11 (D2) 08:00	Three Forks to Hightower Gap on the AT and return. Lunch at Hawk Mountain shelter. An 8 mile hike with 800 ft. elevation change. Carpool \$5	
	Park & Ride in Blairsville	George Radcliffe 706-745-8355
Aug 18 (C3) ## 09:00	GA AT series 7B. Jack's Gap to Unicoi Gap 6.6 miles (shuttle/key exchange). Moderate. 4.4 miles on AT plus 2.2 miles on Jack's Knob trail. Trail passes Unicoi Gap (2949), Blue Mt. (4025), Blue Mt. Shelter trail (3800), Chattahoochee Gap (3500). Some rocky sections of trail.	
	Unicoi Gap on Hwy 75 south of Hiawassee	Jerry Carnes 706-896-4690
Aug 18 (E2) 08:00	Big Frog Trail to the tip of Big Frog Mt and back on the Licklog Ridge Trail. Key exchange or short shuttle. 11 miles. Paced hike at 2+ mph. Carpool \$5	
	SE corner of Hwy. 64 and 19/129 in NC	Frank Ensenat 828-644-0493
Aug 20 08:00	Georgia Trail Maintenance Day.	
	Mary Ann's Restaurant in Young Harris.	John Quinlan 706-896-2430
Aug 25 (B3) ❖❖ 09:00	Chunky Gal Trail from Bob Allison Campground along Tuni Creek to the big buckeye tree and return. 4 miles (3:00 hrs) with 5 stream crossings (slippery footing) each way - hiking sticks required. Carpool \$5	
	Ingles parking lot in Hayesville	Larry Zarefoss 828-389-0639
Aug 25 (E2) ## 08:00	New Hike - approx 10+ miles - moderate pace. Hike with the Surveyor! Standing Indian Area: Hike up Timber Ridge Trail to the AT, north 0.5 mile along the AT to Carter Gap (shelter). Then off the AT take an old CCC trail (seldom used) southeast into GA 1.5 miles to the Blue Ridge at Nichols Gap, another mile to NC state line. History tells us that the original state line surveyors set and inscribed a stone at this location in 1819! We will search for it!! The hike returns along the same route. Carpool \$5	
	Ingles parking lot in Hayesville	Jack Dugger 706-781-3377
Aug 29 09:00 AM	(CHANGE IN SCHEDULE) Quarterly business meeting-- Hikes, water sports, communal picnic at 1:00, and a short business meeting after. The venue is a large beach-front pavilion at Lake Winfield Scott Recreation Area.	Pam Sullivan 706-374-5281
Sept 01 (C3) ## 09:00	Neels Gap to Wolf Laurel Top and back on the AT. A 6.8 mile round trip. Great views from Wolf Laurel. Hike Leader contact Winton at Mountain Crossings to arrange to park a few cars at Neels Gap. Short ¼ mile shuttle to Neels Gap from Byron Reece parking area.	
	Byron Reece Parking Area on Hwy. 129	Wes Clonts 706-769-3234
Sept 01 (E4) ## 08:00	New Hike - Bly Gap from Shooting Creek area in NC. Hike starts at the end of Eagle Fork Road #1169 and begins on FS #6230, climbs on the old forest road, then juts into the woods onto old trail #84 (a short bush wack) and steeply climbs to Bly Gap for a total of 3.2 miles. At Bly Gap, turn left and head north on the AT for about 2 miles past Courthouse Bald to Sassafras Gap. Return on the same route. This route picks up that hard to reach section of the AT in NC. Old trail #84 is sometimes used to rescue hikers on the AT. 10.5 miles total. Carpool \$2.	
	Ingles parking lot in Hayesville	Bobbi LeHoullier 828-389-8240
Sept 03 08:00	NC Trail Maintenance Day.	
	Ingles parking lot in Hayesville	John Quinlan 706-896-2430
Sept 08 (B2) 09:00	Emery Creek Falls. New hike!! 5 miles in and out. A delightful walk in the Cohuttas which ends in a pair of waterfalls: The first is 40-50 ft high, the second is about 25 ft high. The walk is along Emery Creek and involves about 12 stream crossings, so bring poles - should be nice and cool down by the creek. Optional meal out in Ellijay. Carpool \$5	

	Park & Ride in Blairsville	Pam Sullivan 706-374-5281
Sept 08 (D3) 08:00	GA AT - Dicks Creek Gap north to Plum Orchard Gap Shelter in and out on the AT. 9 miles (= 5hrs). Moderate with some steep climbs. Trail passes Dick's Creek Gap 2675 ft, Cowart Gap 2920 ft, Buzzard Knob 3760 ft, and Plum Orchard Gap 3090 ft. Carpool \$3	
	Macedonia Baptist Church parking lot east of Hiawassee	Brian Blue 706-994-7629
Sept 15 (C2) 09:00	Rock Creek Trail near the Ocoee Whitewater Center. 6.5 mile hike on beautiful forest trail with occasional views of Ocoee River. Short shuttle. Carpool \$5	
	SE corner of Hwy 64 and 19/129 in NC	Jacob Dorn 828-835-7815
Sept 15 (D3) ♦♦ ## 08:00	Jacks Knob Trail to Brasstown Bald parking lot , then down the Wagon Train Trail to YHC. 9 miles (4:45 hrs). Optional side trip to Brasstown Bald Tower. Option for lunch at YHC. Carpool \$3	
	Jacks Gap at the base of Brasstown Bald on Hwy 180	Ginny Smith 706-374-1553
Sept 17 08:00	Georgia Trail Maintenance Day.	
	Mary Ann's Restaurant in Young Harris.	John Quinlan 706-896-2430
Sept 22 (B2) ## 09:00	Raven Cliffs Trail. A scenic 5 mile round trip hike along a cascading mountain stream to towering cliffs with two waterfalls (= 3:30 hrs). Some difficult footing due to erosion. Carpool amount \$2.00	
	Choestoe Baptist Church parking lot on Hwy. 180	Richard Webster 828-644-5807
Sept 22 (C2) 08:00	New Hike - Welcome Autumn Hike - Rock Creek and Benton MacKaye Trails in TN will afford us a pleasant 7.4 mile hike in the Little Frog Wilderness. A short 6-minute shuttle is required. Carpool \$5	
	SE corner of Hwys 64 and 19/129 in NC	George Owen 706-897-3366
Sept 29 (C3) 09:00	Duncan Ridge Trail from Mulky Gap to Fish Gap for 6 miles round trip (3:30 hrs). This section has some moderate to strenuous ascents and descents. Carpool \$5	
	Park & Ride in Blairsville 3234	Wes Clonts 706-769-
Sept 29 (E3) 08:00	Duncan Ridge Trail from Wolfpen Gap over Coosa Bald and west to Buckeye Gap. 10.4 mile in and out hike with 1000+ ft. elevation gain each way. Some nice views. Paced hike at 2+ mph. Carpool \$3	
	Choestoe Baptist Church parking lot on Hwy 180	Richard Sullivan 706-374-5281

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In order to accommodate different hiking levels, we might do "timed-in-and-out" hikes.